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#### **Caution**

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Herbs can and do interact with pharmaceuticals. Consult your physician before adding herbal supplements to your regimen if you are taking medications.



#### **Dr. Patrick Jones**

Veterinarian (Large animal & Small Animal)

Traditional Naturopath

Clinical Herbalist

Founder:

HomeGrown Herbalist School of Botanical Medicine





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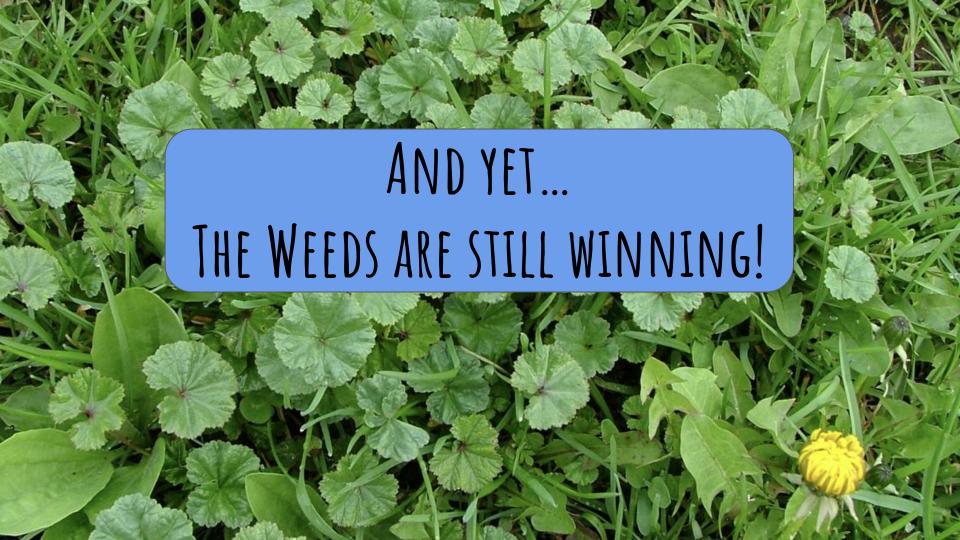
AND THE WAR BEGAN!











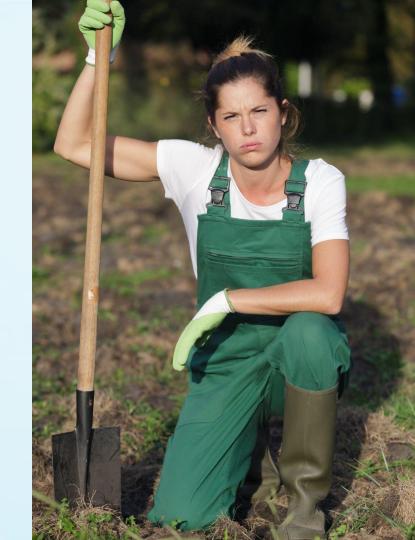




# WE ARE WEARY AND WE'RE LOSING THE WAR.



# IT'S TIME FOR A NEW STRATEGY!









### SHEPHERD'S PURSE CAPSELLA BURSA-PASTORIS



#### SHEPHERD'S PURSE

CAPSELLA BURSA-PASTORIS

- ENTIRE PLANT IS EDIBLE
- ENTIRE PLANT IS MEDICINAL
- STOPS BLEEDING INTERNALLY & TOPICALLY
- BLADDER INFECTIONS
- GOUT
- DO NOT TAKE DURING PREGNANCY OR LACTATION





### CLEAVERS GALIUM APARINE

- ENTIRE PLANT IS MEDICINAL
- BLADDER INFECTIONS
- LIVER RESTORATIVE
- MAKE A TEA TO SOAK BURNS
- SWOLLEN LYMPH NODES
- LYMPHATIC CONGESTION
- EDEMA





#### DANDELION TARAXACUM OFFICINALE

- ENTIRE PLANT IS EDIBLE
- LEAF & ROOT ARE MEDICINE
- VITAMINS A, C & E
- HIGH POTASSIUM CONTENT
- -GREAT LIVER & KIDNEY TONIC
- SKIN PROBLEMS
- BLADDER INFECTIONS
- JAUNDICE
- BREAST CANCER





#### MALLOW MALVA NEGLECTA

- ENTIRE PLANT IS EDIBLE
- ENTIRE PLANT IS MEDICINAL
- BRONCHITIS
- DIARRHEA
- BLADDER INFECTIONS
- GANGRENE





#### GUMWEED

#### GRINDELIA SQUARROSA

- FLOWERS AND LEAVES ARE MEDICINAL
- BLADDER INFECTIONS
- ANTIMICROBIAL
- ANTI-INFLAMMATORY
- ACCELERATES HEALING
- WOUNDS
- ANTISPASMODIC
- EXPECTORANT
- ASTHMA

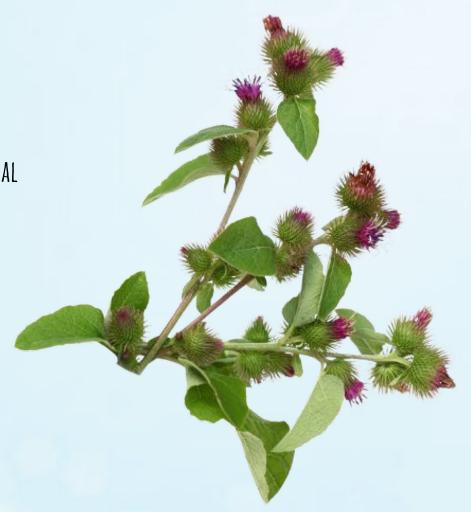




#### BURDOCK

#### ARCTIUM LAPPA

- ROOT IS EDIBLE & MEDICINAL
- LIVER & KIDNEY TONIC
- CANCER
- ARTHRITIS
- ECZEMA
- PSORIASIS
- ANEMIA
- EDEMA
- PREBIOTIC



#### BURDOCK

ARCTIUM LAPPA

BURDOCK IS A BIENNIAL. THE FIRST-YEAR PLANT FORMS A LOW, LEAFY ROSETTE ON THE GROUND. THE SECOND YEAR PLANT FORMS FLOWERS THAT LATER BECOME SEED-FILLED BURRS. THE LATE, FIRST-YEAR OR EARLY, SECOND-YEAR ROOT IS THE MEDICINE.









#### NETTLES URTICA DIOICA

- ENTIRE PLANT IS EDIBLE & MEDICINAL
- ANTIHISTAMINE/ALLERGIES
- LOWERS BLOOD SUGARS
- BLADDER INFECTIONS
- ULCERS
- ARTHRITIS (STING)
- PROSTATE ENLARGEMENT (ROOT)
- KIDNEY RESTORATIVE (SEED)





# MULLEIN VERBASCUM THAPSUS

- LEAF, FLOWER & ROOT MEDICINAL
- COUGH SUPPRESSANT
- EXPECTORANT
- ANTIVIRAL (CORONA, INFLUENZA)
- EARACHE (INFUSED OIL MADE OF FLOWERS)
- URINARY INCONTINENCE (ROOT)





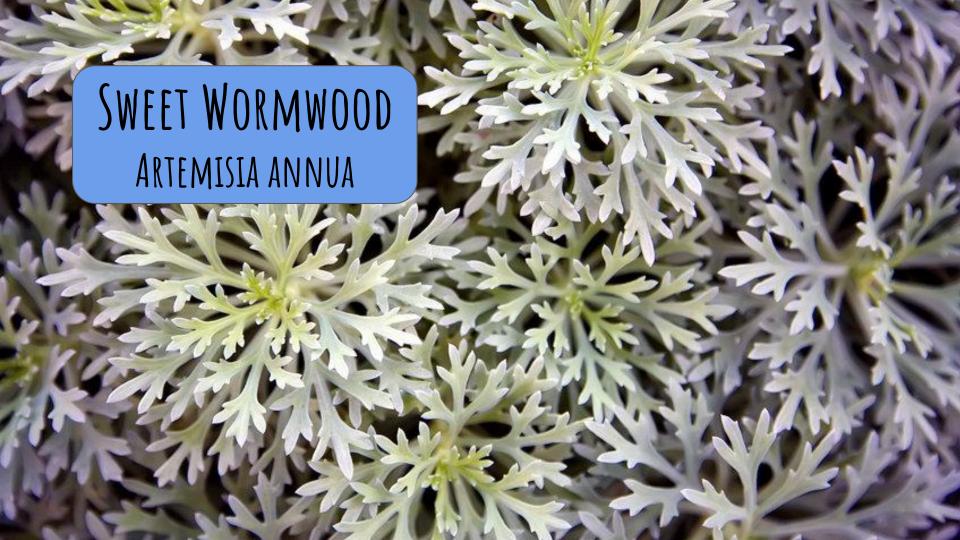
# PLANTAIN

PLANTAGO SPP.

- ENTIRE PLANT IS EDIBLE
- ENTIRE PLANT IS MEDICINAL
- TOPICALLY OR INTERNALLY
- DRAWS OUT VENOMS/POISONS
- WOUNDS
- VENOMOUS BITES/STINGS
- BLADDER INFECTIONS
- LEAKY GUT
- SEPSIS







# SWEET WORMWOOD

#### ARTEMISIA ANNUA

- AERIAL PARTS ARE MEDICINAL
- WORMS
- ANTI-VIRAL
- PREVENTS COVID ATTACHMENT & REPRODUCTION
- MALARIA
- ANTI-CANCER
- ANTI-PROTOZOAL
- AUTOIMMUNE DISEASES
- DON'T TAKE DURING PREGNANCY OR LACTATION





### TEASEL

DIPSACUS SPP.

- ROOTS ARE MEDICINAL

  (FALL OF 1ST YEAR OR SPRING OF SECOND)
- NERVE PAIN (EVEN CHRONIC)
- ANTI-INFLAMMATORY
- MULTIPLE SCLEROSIS
- LYME'S DIEASE
- AIDS HEALING OF WOUNDS, BONES & CARTILAGE
- MIGRAINES
- LIVER SUPPORT
- DON'T TAKE DURING PREGNANCY OR LACTATION



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# MILK THISTLE

#### SILYBUM MARIANUM

- SEED IS THE MEDICINE
- LIVER PROTECTANT
- LIVER RESTORATIVE
- JAUNDICE
- HEPATITIS
- POISONINGS
- LOWERS CHOLESTEROL
- GIARDIA INFECTIONS





# MILKWEED AESCLEPIUS SPECIOSA

- ROOT IS THE MEDICINE
- KIDNEY STONES
- KIDNEY WEAKNESS
- EXPECTORANT
- ANTISPASMODIC
- GALLBLADDER ATTACKS
- YOUNG LEAVES & SEED PODS ARE EDIBLE.
- DO NOT TAKE DURING PREGNANCY OR LACTATION





# PURSLANE

#### PORTULACA OLERACEA

- HIGH IN OMEGA 3
- VITAMINS A,C & E
- REALLY TASTY!
- USE LIKE ALDE VERA
- BURNS
- VENOMOUS BITES
- BLADDER INFECTION
- DO NOT TAKE DURING PREGNANCY OR LACTATION





## PUNCTURE VINE

#### TRIBULUS TERRESTRIS

- SEEDS AND LEAVES ARE MEDICINAL
- ESSENTIAL HYPERTENSION
- LOWERS CHOLESTEROL
- ATHEROSCLEROSIS
- IMPROVES MALE FERTILITY/LIBIDO
- DO NOT TAKE IN CASES OF KIDNEY, LIVER OR HEART ILLNESS. -
- DO NOT TAKE DURING PREGNANCY OR LACTATION

THE MARGIN OF SAFETY FOR PUNCTURE VINE ISN'T AS BROAD AS MOST HERBS. DON'T EXCEED 1/2 TO 1 TEASPOON OF POWDER A DAY





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# A Blessing of Briars

Patrick Jones, DVM

God Once Made a Garden
Where Father Adam dwelled
And from which,
When he displeased God,
He found himself expelled.

When pain and sickness came

He learned

That God's love still was true.

For thorns and briars and noxious weeds

Are all a blessing too.



# Thanks For Listening Doc Jones

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